

ST JOHN AND ST FRANCIS SCHOOL SPORTS

NEWSLETTER – SEPTEMBER 2016



PE lessons for all years start with lots of fun and laughs – just look at the Year 5's!

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Children in Year 4 and Year 5 spent an afternoon each at Bridgwater College Academy (BCA). Find out what they did there by reading page 1.

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Our sports clubs are off to a flying start this year with lots of children involved in lunchtime and after-school clubs.

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Ready, steady, go!



What has your child been learning in PE?

I hope you can see from the pictures above the fantastic start to the year each class has made in PE. Foundation have been jumping, galloping, hopping, jumping, sidestepping and jogging, all whilst going on a bike ride!! The effort has been brilliant from them, all trying their best to do as well as they can and have fun, well

done Reception! Years 1 and 2 have been going "off on a bike ride". We are following a new PE scheme of work across the school called REAL PE. This allows us to include a story and song within every three lessons in KS1 and to work on the fundamental movement patterns in KS1 and KS2 that are a National requirement. Year 1 and 2 should be able to teach you the bike song! In Years 3 and 4 we have been focusing on trying our best in all lessons,

developing our understanding of what we need to do to get better and how we can challenge ourselves. We have had a practical focus on footwork movement patterns such as hopscotch and skipping. In Year 5 the children have begun to identify and improve areas within co-ordination activities and footwork patterns. Finally, in Year 6 children have been developing their fundamental movements of

co-ordination by competing against others in hand tennis and participating in a fun game of "high baby" to warm up. In Year 6 I will be looking for some excellent leaders who will be willing to lead the warm up at the beginning of our lessons.

BCA Year 4 and Year 5 Sports Festivals

Year 4 and Year 5 spent an afternoon each at BCA, taking part in a range of different sporting activities which included: sports hall athletics, fitness challenges, dance and gymnastics. We walked over to BCA for a 1pm start, and all children took part in two different activities! It was a great effort from all pupils who all put in 100% effort to all activities. I really hope all children enjoyed the afternoon, and the activities which were on offer.

Upcoming festivals:

- Year 6 on 14/10/16
- Year 3 on 03/02/17
- Year 1 on 03/03/17
- Year 2 on 24/03/17

Please note you will receive information if your child is in one of the above year groups nearer the time.

EVENTS AND FIXTURES



There are lots of upcoming sporting fixtures. Here are some dates for your diary of events, competitions and fixtures we hope to enter and attend:

- Year 6 football tournament – 17/10.

- Year 6 rugby event – 19/10.
- Girl's football match v Eastover School – 20/10.
- Girl's football v Kingsmoor and North Newton – 31/10.
- PE Extension G&T festival – 04/11.
- Football league matches – TBC!

PE suggestions box is in Reception – any ideas you have for after-school clubs after Christmas would be gratefully received.



Clubs and more clubs!



Super September start to the year for our sports clubs!

Our sports clubs have started fantastically well this year with lots more children getting involved in lunchtime and after-school clubs, compared to last year. On Monday's, Tuesday's, Wednesday's and Thursday's there are lunchtime clubs for a variety of year groups starting from Year 2. I have started a Year 6 leadership club which is held on a Friday break time. Here

children learn about how to be a successful playground leader, gaining and creating ideas which will help them deliver some lunchtime activities after half term. They are all very keen and putting in a lot of effort to this club. I'm really enjoying the after-school netball club on a Monday. We are lucky to have some great players who are looking forward to playing the league this year! Our football clubs are extremely popular, with Years 4-6 on a Tuesday, and Years 2-3 on a Thursday. We have had

to split these sessions into two different blocks to give all children a chance to take part. Mr Piper's girl's football club is also very popular on a Friday, with the girls really enjoying the opportunity for a club this year. On a Monday, Wednesday and Friday we are very fortunate to have Premier Sport coaches come in and deliver some gymnastics, multi-sports and archery with our children. The gymnastics is extremely popular with 19 attending and archery and multi sports are continuing to grow.

Well done to everyone who is part of a sports club. Please keep a look out for Premier Sport leaflets about opportunities after half term. Finally, a very big well done to all the children who represented our school in the first cross-country event of the year at North Petherton Rugby Club on 28th September. Everyone tried their best and showed great motivation to complete the tricky course! More cross-country events will be coming up.

Home learning opportunities for all children!

Take a trip to the PE notice board by lost property and complete a PE challenge following on from GB's success at the Olympics and Paralympics.

Parents/ Carers home learning task!

Take a visit to the REAL PE website to see what values and principles the scheme follows.

From after half term, we will all be using this scheme in all PE lessons, and will be assessing children based on the 'multi-abilities'. This focuses on the development of the whole child within PE.

<https://www.createdevlopment.co.uk/real-pe/>

If you have any questions about this, please do not hesitate to contact me.

OTHER SPORTS NOTICES

A little reminder to all Parents/ Carers: please make sure your child is equipped with the correct kit for EVERY PE lesson, including appropriate footwear and a white school t-shirt. Thank-you.

- Well done to all children for their effort in the wake and shakes so far this year. They will be on a Tuesday and Thursday morning.
- Well done again to all children for showing great determination in the mile runs. These will occur on a Friday at 1pm.
- Please have a look at the PE section of our website to see the 2016/17 PE Premium funding plans, club information, letters and leaflets for outside school clubs.

